

Quick Guide To Community Resources

A partial listing of community services information maintained by the Hillsborough County Citizen Action Center.
It represents the most frequently requested services and information.

If you need more information, or if you don't know where to go for help, call:

HILLSBOROUGH INFORMATION LINE (Bilingual) - 272-5900, (TTY - 301-7173)

Providing Comprehensive Information & Referral Services since 1975



ABUSE - CHILD & ADULT

Florida Abuse Hotline	1-800-96-ABUSE
Alpha House of Tampa	875-2024
Child Abuse Council	673-4646
Domestic Violence Intervention	272-6423
Joshua House	949-8946
Parents Anonymous	673-4646
Apple Services	264-9955
Spring of Tampa	247-7233

ALCOHOL & DRUG ABUSE

Agency for Community Treatment Services	
Adult Detox Center	367-2315
Adolescent Receiving Facility	931-4669
Adult Outpatient	933-8259
Alcoholics Anonymous	933-9123
Al-Anon - Ala Teen	881-9372
Centre for Women (Project Recovery)	251-8437
Centre for Girls (Drop In)	231-3404
Chemically Exposed Infants (TUMC)	247-5428
DACCO	231-1340
Goodwill Industries/Day/Night Treatment	877-3234
Hillsborough Anti-Drug Alliance	276-2539
Narcotics Anonymous	879-4357
Pace Center for Girls	988-7223
Substance Abusing Mothers & Infants	984-0909
Substance Abuse/Fam. & Youth (SATISFY)	984-1818
Tampa Crossroads for Men	238-8557
Tampa Crossroads for Women	228-9226

CHILDREN'S SERVICES

Adoption by Choice	960-2229
Adoption Services (Hillsborough Kids)	643-5437
Alpha House of Tampa, Inc.	875-2024
Big Brothers & Big Sisters	287-2210
Boys & Girls Clubs of Tampa Bay	875-5771
Catholic Charities Adoptions	631-4393
Child Care Licensing Program	272-6487
Child Protective Investigations	272-2853
Children's Board	229-2884
Child & Family Counseling	
Brandon	744-5953
Tampa	903-3455
Children's Home	855-4435
Children's Home Society of FL	740-4266
Children's Services	264-3821
Covenant House (Crisis Line)	1-800-999-9099
Everyday Blessings	982-9226
FOCUS	875-5771
Foster Care Services for Children	901-3400
Foster Home Licensing (HKI)	643-5437
4-H Youth Programs	744-5519
Haven W. Poe Runaway Center	272-6606
Hillsborough County Parks & Recreation	975-2160
Kids Behavioral Helpline	960-1010
Missing Children Information	1-888-356-4774
National Runaway Switchboard	1-800-621-4000
Protective Services (Hillsborough Kids, Inc):	
Tampa	471-0218
Brandon	471-0006
Safe Place	272-6606
YMCA/ RSSP Family Child Care	224-9622

CONSUMER ASSISTANCE

Cooperative Extension	744-5519
Consumer Protection Agency	903-3430
Consumer Services (State)	1-800-435-7352
Consumer Credit Counseling	289-8923
Mediation Diversion Services	272-5642

CRISIS INTERVENTION

Children's Crisis Services	272-2882
Hotline of Hillsborough	234-1234
MHC - Adult Emergency Services	272-2958
Sexual Abuse Treatment Center	264-9955
Spring of Tampa Bay Hotline	247-7233
Teen Link	236-TEEN

DAY CARE INFORMATION

Brighter Community, Inc.	223-6830
Child Care Licensing Program	272-6487
Child Care Resource & Referral (Subsidized Day Care) - School Board	744-8941
Head Start	272-5140
Early Childhood Learning Center	744-8941
Latchkey (YMCA)	223-2895
Senior Adult Day Care	272-6261

DISABILITY SERVICES

Arthritis Foundation	1-800-283-7800
Deaf/Hard of Hearing Svcs. of Tpa Bay	933-4858
Developmental Disabilities	558-5560
Division of Blind Services	871-7190
Easter Seals Early Intervention Center	236-5589
Epilepsy Service	870-3414
Florida Alliance for Assistive Svcs. & Technology (FAAST)	844-7591
Florida Relay Service	
Voice	1-800-955-8770
TTY	1-800-955-8771
Goodwill Industries - Suncoast	223-3701
Hillsborough Association for Retarded Citizens (H.A.R.C.)	931-9100
MacDonald Training Center	870-1300
Multiple Sclerosis Society	800 Fight MS
Self Reliance	975-6560
Tampa Lighthouse for the Blind	251-2407
UCP - Advanced Ability Solutions	239-1179
Division of Vocational Rehabilitation, FDOE	
Branch Offices:	
Brandon	744-6175
North Tampa	930-7494
Plant City	930-7873
Tampa	233-3600

EDUCATION

Adult Education	276-5654
Literacy Coordinator (Adult Educ.)	276-5654
Literacy Program, Public Library	273-3650

EMPLOYMENT

Hillsborough County Workforce Board	744-5547
Dislocated Worker Program (County)	272-5031
Employment Services	251-8437
Workforce Employment Branch Offices:	
Tampa Employment Svc. Ctr.	930-7400
Apollo Beach-Ruskin	930-7600

Brandon	740-4170
Plant City	930-7880
Tampa Workforce Alliance	740-4680
Tampa/Hillsborough Urban League	229-8117
Working Seniors Program	272-5031

EQUAL OPPORTUNITY

City (City Limits)	274-5835
County (Unincorporated)	272-6554
Fair Housing U.S. Dept of HUD	228-2504
Federal	228-2310

GENERAL ASSISTANCE

Day Star Life Center	221-2587
Dorcas House Ministries	223-2151
Family Support Ctr. (Traveler's Aid)	264-9949
Low-Income Energy Assistance	
See: Neighborhood Service Centers	
Low-Income Nutrition Education	744-5519
Metropolitan Ministries Care Center	209-1077
Neighborhood Service Centers:	
East Tampa (Lee Davis)	272-5220
North Tampa (University Com. Resource)	975-2120
Plant City	757-3871
Ruskin	671-7647
West Tampa	272-5074
Salvation Army	226-0055
Social Services, Corrections, Soup Kitchen and Volunteer Opportunities	223-3781
Share of Tampa Bay	248-3379
Social Security Administration	1-800-772-1213
Social Work Outreach	272-6463
St. Vincent De Paul (Referral Needed)	977-3597

WAGES/FOODSTAMPS/MEDICAID

APPLICATIONS:	
Downtown	272-3970
Brandon Service Center	744-6200
James T. Hargrett Center	276-5900
North Tampa Hub	975-9950
Plant City	757-1600
Ruskin	671-5050
West Tampa	871-7550

HOMELESS SERVICES

ACTS Homeless Day Center	237-6630
Boarding Homes, Indigent Burial	272-5296
Homeless Recovery Program	276-2976
Homeless Veterans	979-3552
MHC - Community Development Network Project	272-2311
Sine Domus Clinic	227-9227

HOUSING ASSISTANCE

Tampa Community Redevelopment	274-7954
U.S. Dept of Hud Tampa Office	228-2504
Housing Assistance, County	744-5557
Housing Authority, Plant City	272-0569
Housing Authority, Tampa	253-0551

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HOUSING EMERGENCY

Alpha House of Tpa Bay, Inc. Maternity	875-2024
American Red Cross	251-0921
Boarding Homes (County)	272-5296
Dorcas House (Women)	223-2151
Lighthouse Gospel Mission	677-0412
Mary and Martha House	645-7874
Metropolitan Ministries Family Center	209-1000
Salvation Army	
Red Shield Lodge (Men Only)	221-4440
Hospitality House (Women)	223-3781
Travelers Aid (Family Support Ctr)	264-9949

INFORMATION & REFERRAL

Hillsborough County

Citizen Action Center - Information & Referral	272-5900
Hillsborough Information Line	272-5900
Elder Helpline	273-3779
Crisis Center Tampa Bay	2-1-1
Hispanic Service Council	876-7223
Hernando County Information & Referral	1-800-790-7770
Manatee County Information & Referral	1-941-708-6488
Pasco County Information & Referral - United Way Helpline	
West Pasco County	727-845-4357
Central & East Pasco	1-877-828-8929
Pinellas County (Information & Referral)	727-562-1542
2-1-1 Tampabay Cares, Inc. Pinellas & Hernando Administration	727-518-3344
Pasco/Pinellas Senior Helpline	727-576-1533

LEGAL SERVICES

Bar Assoc. of Hillsborough County	221-7777
Bay Area Legal Services-Tampa	232-1343
Bay Area Legal Services-Plant City	752-1335
Bay Area Legal Services-Wimauma	634-6044
Child Support Enforcmt., DOR	1-800-622-5437
Lawyer Referral Service	221-7780
State Attorney's Office	272-5400
Public Defender	272-5980

MEDICAL & DENTAL SERVICES

AIDS Information Center	983-3333
AIDS Testing (Anonymous)	983-3333
Haitian Creole AIDS Hotline	1-800-AIDS-101
National AIDS Hotline	1-800-342-AIDS
Spanish AIDS Hotline	1-800-545-SIDA
TBAN - Tampa Bay AIDS Network of Gulf Coast Community Care	988-3333
American Cancer Society	254-3630
American Heart Association	727-570-8610
Children's Medical Services	356-1300
Community Svc./Human Rights (Tampa)	274-5835
Dental Assn., Fla. West Coast	931-3018
Florida Kid Care	272-5285
Florida Poison Information	1-800-282-3171 or, 844-7044
Genesis (Women & Children)	236-5100
Health Department (Branches below)	307-8000
College Hill	307-8071
Joyce Ely	307-8056
Kelton	307-8055
Northwest	307-8053

Sulphur Springs	307-8054
West Tampa	307-8058
Plant City	307-8057
LifePath Hospice	877-2200
Judeo Christian Health	870-0395
Lee Davis Health Center	272-6240
Medical Assoc. of Hillsborough Co.	253-0471
Peter Davis Health Center	248-6263
Health & Social Services	272-5040
Shriners Hospital	1-888-665-5437
SineDomus Clinic	227-9227
St. Joseph's Community Health Dept.	870-4330
Suncoast Community Health Ctrs, Inc.	349-7800

MEDICARE

Medicare	1-800-633-4227
Medicaid (Program Office)	871-7600

MENTAL HEALTH & COUNSELING

Catholic Charities-Tampa	631-4370
Dover	757-9467
Plant City	757-3871
Ruskin	671-5250
Child & Family Counseling	
Brandon	744-5953
Tampa	903-3455
Family Svc. Assn. of Gr. Tampa	238-3727
Kids Behavioral Helpline	960-1010
LifePath Hospice	877-2200
Mental Health Care (MHC)	272-2244
Northside Mental Health Center	977-8700
Social Work Outreach	272-6463
St. Joseph's Psychiatric Care	870-4300
Crisis Line	872-9299
Tampa Jewish Family Services	960-1848

MIGRANT SERVICES

BethEl Mission	633-1548
Catholic Charities Immigration Svcs.	631-4397
Dover Health Clinic	659-0406
Hillsborough County Schools	272-4000
Migrant Program	757-9331
Adult Migrant/Seasonal	744-6303
Farm Workers	757-9480
Redland Christian Migrant Assoc	671-5264
Ruskin Neighborhood Service Center	671-7647
Wage & Hour -U.S. Dept. of Labor	288-1242

MUNICIPAL SERVICES

Hillsborough County	272-5900
Plant City	659-4200
Tampa	274-7734
Temple Terrace	989-7100

PARENT EDUCATION AND SUPPORT

ABC Parenting (YMCA) Childrens Svcs	264-3821
Kids Behavioral Helpline	960-1010
St. Joseph's Psychiatric Care Center	870-4300
Tampa/Hillsborough Urban League	229-8117
Parent Education Center	272-0665

SENIOR CITIZENS SERVICES

Adult Day Care	272-6261
Adult Protective Services/Investigations	233-3260

Aging Services	272-6630
Alzheimer's Assn.	1-800-772-8672
Alzheimer's Information	1-800-633-4563
American Association of Retired Persons	
AARP	(727) 571-2277
Sr. Svc. Empl. Program SCSEP	289-6900
Bay Life Adult Community Services	673-4622
Center for Family Health (ElderMed)	237-6988
Community Care/Disabled Adults	1-800-888-5066
Community Care for the Elderly	272-5242
Congregate Dining & Recreation	272-5160
ALF Health Quality Assurance	727-552-1133
Elder Affairs (State)	(850) 414-2000
Local Office (WCFAAA)	740-3888
Elder Helpline	273-3779
Golden Age Clubs	348-1180
Guardianship Svcs., Lutheran Services	877-9303
Home Delivered Meals Program	272-5160
Home Care for the Elderly	272-5242
Homemaker Services	272-5115
Jewish Community Center	264-9000
Job & Career Assessment for Seniors	272-5031
Life Enrichment Center	932-0241
Meals On Wheels	

Tampa	238-8410
Seffner/Brandon/Mango	689-8769
Plant City	754-9932
Riverview	677-5995
Nutrition Info. & Education	744-5519
SHINE (Serving Health Ins. Needs of Elders)	740-3888
Senior Housing Improvement Program (SHIP)	
Centre for Women	250-9336
Suncoast Gerontology Center	974-4355
TelephoneLifeline/Comp (Eldernet)	964-1577
West Central FL Area Agency on Aging	740-3888
Seniors In Service of Tampa Bay Inc.	932-5228
(Senior Companions & Foster Grandparents)	

TRANSPORTATION

American Red Cross	251-0921
Bay Area Commuter Services	282-8200
Hillsborough Area Regional Transit	254-4278
Medicaid Transportation	272-7272
Sunshine Line	272-7272

VOLUNTEER OPPORTUNITIES

American Red Cross	251-0921
Big Brothers & Big Sisters	287-2210
Boy Scouts of America, Gulf Ridge Council	872-2691
Child Abuse Council	673-4646 ext 289
ESCOT	282-1188
Girl Scouts of Suncoast Council, Inc.	281-4475
Guardian Ad Litem	272-5110
Retired Senior Volunteer Program	272-5031
Seniors in Service of Tampa Bay, Inc.	932-5228
Service Corps of Retired Executives	988-1435
Spring of Tampa	247-7233
United Way of Tampa Bay	274-0900
Volunteer Centers	274-0909
Volunteer Coordinators (C&F)	558-5519
Volunteers in Public Service	272-6216
Volunteer League, Children's Svcs.	264-3821
YMCA - Tampa	224-9622

Citizen Action Center 272-5900

The Citizen Action Center is Hillsborough County's one-stop information and referral clearinghouse for community, social and government services. The Action Center maintains the most comprehensive data base of information related to human services available in the community, as well as providing Hillsborough Information Line, the Elder Helpline, Kidcare and the Refugee Hotline. Information and referral professionals in the Citizen Action Center provide assistance by answering citizens' questions, helping to identify citizens' needs and the community social service agencies most appropriate to meet those needs, and processing and tracking complaints and service requests for county services.

Sponsored by the Hillsborough County Board of County Commissioners